Miss. Colleen's School of Fish Swim Program

Mommy or Daddy and Me!!!

Our Mommy/Daddy and Me classes offer children ages newborn to 3 years to become comfortable in the water with their parents while Ms. Colleen assists in showing the parent and child basic skills in the water.



Group Lessons are an opportunity for your child ages 3-12 years to receive instruction in a small group setting from 1 to 2 teachers at a time. This hands on experience can help your child in learning from survival skills through all four of the competitive strokes.



Pre-Comp is the program designed for children who have completed the previous levels of instruction. Focusing on endurance, the students will begin perfecting and strengthening their strokes to prepare them for the competition level.

For more information please feel free to contact Colleen Lauzonis at 716-696-0694 or email at colleenlauzonis@hotmail.com.

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